

# Evergreen School

Evergreen Wraparound Club OPEN DAY

Monday 13 January 2025, 3 - 6pm



We hope you can join us on  
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Evergreen Wraparound Club  
Open Day!



Did you know that the UK, along with 195 other countries, is signed to a legally binding agreement, the **United Nations Convention on the Rights of Children (UNCRC)**, which aims to protect the fundamental rights of all children, regardless of their ethnicity, religion or abilities?



**Article 31** of the UNCRC legislates for your children to have the right to **play, rest, take part in leisure and cultural activities, and the arts**, and for opportunities to be made available for children to fully participate in such activities equally.



Evergreen's new **Wraparound Club** aims to fulfil the obligations of Article 31 by providing up to 5 hours per day of dedicated care for your children and their peers, before and after school, with a focus on developing their physical, intellectual, social and emotional well-

being through play, relaxation, leisure activities and by taking part in a range of cultural, creative and artistic projects throughout the school year. We also offer a variety of specialist clubs after school for all ages.



At Evergreen, we celebrate diversity, equality and inclusivity, and our fun programme of group projects includes age appropriate art, craft and cooking activities associated with cultural celebrations, such as Diwali, Christmas, Eid and Hannukkah.



**Article 15** of the UNCRC legislates for your children have the right to **meet other children and join groups and clubs**, with **Articles 23 and 39** ensuring that children who have a disability, and children who have experienced trauma in their lives, are included, respected, and are able to fully integrate into society.



Evergreen School's new **Wraparound Club** and **Extra-curricular activities programme** aim to fulfil the obligations of Articles 15, 23 and 39 by providing all our students with the opportunity to take part in a variety of indoor and outdoor activities of their choice, along with their peers, promoting healthy physical, social and emotional development.

Our facilities have been adapted to ensure **full accessibility** for all, while our sports clubs include activities that are suitable for children who have a disability. We are conscious that children who have experienced trauma in their lives may find it difficult to be in a space with many people and a noisy atmosphere; our **quiet room** and **sensory space** are always available for those needing some down time to relax and rest.

**Articles 12 and 13** of the UNCRC legislates for children to have the right to freedom of expression, and to have their voice heard. Our programme of creative activities allows children to freely express themselves through arts and crafts, music and dance, drama, dressing up and face painting, and provides an opportunity for our staff to become aware of the children's fears, worries and difficulties they may be facing, providing support when needed.

**Article 28** of the UNCRC legislates for the right to an **education** for all children.

Although our focus at our wraparound club and extra-curricular activities programme is on **play and leisure**, we regard attendance of our wraparound and after school clubs as being an integral part of a child's education, helping to fully develop **individual personality, talent and ability**, as is their right as defined in **Article 29** of the UNCRC.

We believe that providing such opportunities to children is in their **best interests**, in line with **Article 3** of the UNCRC, at the same time respecting the child's unique circumstances in their life outside the school setting, including their right to **freedom of thought, belief and religion**, as defined in **Article 14** of the UNCRC.

### How your child and their development benefit from play and leisure

Play adds to the enjoyment and fulfilment of life, and is something for children to look forward to at the end of a long school day! However, play and leisure are not just fun activities for children.

Play and leisure are an essential and necessary part of a child's healthy development, from developing their motor skills through playground activities and sport, their manual dexterity through arts and crafts, their intellectual development through challenging board games and puzzles, to social and emotional development through taking part in group projects and team sports, or simply through being given the time and permission to play freely, relax and have fun with their friends in an inclusive way.



Valuable life skills can be learned and developed through play and leisure, such as learning how to become safety aware, to develop self-confidence, the ability to problem-solve and make decisions, and to grow into independent adults who are able to take responsibility and hold accountability for themselves.

Play and leisure are also great stress relievers, and an opportunity for children to put their troubles aside and concentrate on an activity that they enjoy and find interesting, at the same time challenging themselves to achieve their own goals, come up with new ideas and use their imagination.

Play and leisure engages children in the world around them, promoting the learning of healthy habits, environmental issues, cultural differences, inclusivity and equality, and helps children to be able to communicate with others.

## About our new Wraparound Club

Evergreen School will be opening its new **out-of-school** club in March 2025, available to all our pupils aged five to sixteen years, providing the children with an opportunity to relax, play, learn and have fun with their peers, and allowing parents and carers the flexibility they need to attend work and training. The club is registered with Ofsted and run by trained Evergreen staff who hold advanced Disclosure Barring Service (DBS) and SEND certification.



## What our Wraparound Club offers your children

During the morning session all children attending will be offered a free breakfast, between 7.30 and 8.30 am, and given free time to relax and play with their friends, read or do puzzles, and prepare themselves for the day ahead. Children are free to choose their activities, but staff will be on hand to guide them when needed. Children will be encouraged to help with serving and clearing away the breakfast.

During after-school **wraparound club**, children will be able to choose their activities, whether that is playing on their own or with friends using the wide range of toys, games and materials available; using the quiet room to read, draw, do puzzles or independently tackle their homework; or take part in an adult led group activity, such as a cultural or environmental project. The playground will be open between 3.30 and 5.30 for outdoor play. A drink and healthy snack will be provided between 4 and 4.30.

Extra-curricular clubs, for which there may be a small fee, will be available alongside the wraparound club for children who have a particular interest in sports, creative or performing arts, life skills or volunteering.

### Child-led and Adult-led Activities

For the most part children attending our clubs will be free to choose their own self-directed activities, and are encouraged to do so, and will be allowed to play freely both indoors and outdoors in our safe environment, with the staff being on hand to offer support when it is needed. The specialist clubs are all adult-led activities, with a variety for the children to choose from (with their parents' or carers' permission). We recommend that a maximum of two extra-curricular clubs are attended per week, to allow children a good balance of relaxing, fun play and leisure time that has a greater learning element.



### Risks and Challenges

While our facilities at the Wraparound club are a safe environment for children to play in, and we provide adult supervision and support at all times, we believe that we are providing a healthy environment for children to learn how to identify hazards, and to weigh up and manage their own risks and challenges, which can help children to become confident, resilient and independent individuals who have developed the life skills necessary to prepare them for the real world as they mature.

### Indoor Activities at the wraparound club include:

- Arts and crafts
- Cooking
- Reading and story times
- Construction games, such as Lego & marble run
- Board games and puzzles
- Dressing up games and face painting
- Singing, music and dance activities
- Computer games
- Quiet and rest times
- Group projects related to cultural events
- Team games
- Playing with toys such as dolls, soft toys and cars
- Imaginary play
- Performing arts and poetry

We aim to develop a 'play plan' for all children with SEND needs, in collaboration with the child and their parents or carers, and each child will be paired with a 'buddy'.



### Outdoor Facilities at the wraparound club include\*:

- Outdoor playground with climbing frames, swings, slides, a sandpit and Wendy house.
- Woodland area for adventure play
- Sensory garden area for relaxing
- All weather area for ball games, including basketball hoops and goal nets, and for playing playground games such as tag, skipping, skittles and hoopla
- Table tennis table

\* Weather permitting!

### After School Clubs for Key Stages 1 and 2

We recognise that children like to spend some of their leisure time learning specific activities and sports that they particularly enjoy.

For children aged 5 to 11 years, we run adult-led generalised clubs during term time that offer a variety of indoor and outdoor activities:

- Nature and Gardening Club
- Sports Club (indoor and outdoor mixed sports)
- Arts and crafts Club
- Drama and Book Club
- Music and Dance Club.



### After School Clubs for Key Stages 3 and 4

For children aged 11 to 16, our extra-curricular adult-led clubs are more specialised:

- Sports Hall Club: basketball, volleyball
- Field Sports Club: football, hockey, cricket
- Track and Field Athletics Club
- Tennis and Netball Club
- Dance and Drama Club
- Debating Club
- Cookery Club
- Fashion and Textiles Club
- Creative Arts Club
- Volunteers Club

These clubs are a great way for children to develop their own interests and take part in team and group activities which have been designed to be fully inclusive. Please ask a member of staff for further information.



### Extra-curricular Activities at Evergreen School

#### Key Stage 1 and 2 (ages 5 - 11) Term-time hours

Monday	7 - 9 am	Wraparound Club
	3 - 6 pm	Wraparound Club
	3 - 4.30 pm	Art & Crafts Club
Tuesday	7 - 9 am	Wraparound Club
	3 - 6 pm	Wraparound Club
	3 - 4.30 pm	Drama & Book Club
Wednesday	7 - 9 am	Wraparound Club
	3 - 6 pm	Wraparound Club
	3 - 4.30 pm	Sports Club
Thursday	7 - 9 am	Wraparound Club
	3 - 6 pm	Wraparound Club
	3 - 4.30 pm	Nature & Garden Club
Friday	7 - 9 am	Wraparound Club
	3 - 6 pm	Wraparound Club
	3 - 4.30 pm	Music & Dance Club



Please ask a member of staff for our separate information leaflet regarding wraparound club fees & holidays.

### Extra-curricular Activities at Evergreen School

#### Key Stage 3 and 4 (ages 11 - 16) Term time hours

Monday	7 - 9 am	Wraparound Club
	4 - 6 pm	Wraparound Club
	4 - 5.30 pm	Dance & Drama Club
	4 - 5.30 pm	Sports Hall Club
Tuesday	7 - 9 am	Wraparound Club
	4 - 6 pm	Wraparound Club
	4 - 5.30 pm	Field Sports Club
	4 - 5.30 pm	Debating Club
Wednesday	7 - 9 am	Wraparound Club
	4 - 6 pm	Wraparound Club
	4 - 5.30 pm	Tennis & Netball Club
	4 - 5.30 pm	Cookery Club
Thursday	7 - 9 am	Wraparound Club
	4 - 6 pm	Wraparound Club
	4 - 5.30 pm	Track & Field Club
	4 - 5.30	Fashion & Textiles
Friday	7 - 9 am	Wraparound Club
	4 - 6 pm	Wraparound Club
	4 - 5.30 pm	Creative Arts Club
	4 - 6 pm	Volunteers Club



### Further Information & Useful Links

#### The importance of play in early childhood

<https://www.brighthorizons.com/resources/article/benefits-play-child-development>

#### How do play and leisure contribute to children's development?

<https://www.playlikemum.com/how-play-leisure-contribute-to-childrens-development/>

#### How Play strengthens your child's mental health

<https://www.unicef.org/parenting/child-development/how-play-strengthens-your-childs-mental-health>

#### Play England: Freedom to play

<https://www.playengland.org.uk/>

#### Play Scotland: The power of play

<https://www.playscotland.org/learn/what-is-play/the-power-of-play/>

#### Play Wales: Championing children's play

<https://play.wales/>

#### Communicating through arts

<https://help-for-early-years-providers.education.gov.uk/areas-of-learning/expressive-arts-and-design/communicating-through-arts>

#### UNICEF: How we protect children's rights

<https://www.unicef.org.uk/what-we-do/un-convention-child-rights/>

#### UNICEF: A summary of the UN Convention on the rights of the child (UNCRC)

[https://www.unicef.org.uk/wp-content/uploads/2019/10/UNCRC\\_summary-1\\_1.pdf](https://www.unicef.org.uk/wp-content/uploads/2019/10/UNCRC_summary-1_1.pdf)

#### The United Nations Convention on the rights of the Child

[https://www.unicef.org.uk/wp-content/uploads/2019/10/UNCRC\\_summary-1\\_1.pdf](https://www.unicef.org.uk/wp-content/uploads/2019/10/UNCRC_summary-1_1.pdf)

#### 11 reasons your child should play team sports

<https://www.classcardapp.com/blog/11-reasons-your-child-should-play-team-sports>

#### The science behind performing arts and child development

<https://theatretrain.co.uk/the-science-behind-performing-arts-and-child-development/>

#### The magic of music on children's emotional wellbeing

<https://www.childrenssociety.org.uk/what-we-do/blogs/the-magic-of-music-on-childrens-emotional-wellbeing>

#### Autism Toolbox: Play and leisure

<https://www.autismtoolbox.co.uk/social-and-emotional-wellbeing/play-and-leisure/>